
Newsletter

April 2018

Youth Net is a program of Marshfield Clinic Center for Community Outreach

Youth Net Hours *(during school year)*

Monday
After School-6:00pm
Tuesday
After School-6:00pm
Wednesday
After School-**5:30pm**
Thursday
After School-6:00pm
Friday
After School-6:00pm

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Youth Net Summer Program

Youth Net is in the process of planning the Youth Net Summer Program, which will run from June 11-July 20 (closed on July 4th). Registration and more information about the activities planned will be coming soon, so stay tuned!

Healthy Lifestyles!

As spring showers replace winter flurries, it's time to shake off the winter blues and spring back into fitness. Warmer weather brings more opportunities to get out and play! Here are some examples of how to increase your child's activity right now.

Expand your child's interests by signing them up for a new sport this spring. The Marshfield Parks and Recreation Department currently has open enrollment for many fun sports like golf, baseball, kickball, and more!

The United Way provides children who may not be able to participate in sports because of associated costs/fees the opportunity to play. Scholarships are available for children of all ages wishing to participate in a sport or health-related activity. Families can apply for the scholarship online at <https://www.marshfieldareainitedway.org/right-2-play-4-all> or can call the United Way at 715-384-9992.

Biking can be another great way to for your child (and you

Youth Net Center
112 E. 11th St.,
Marshfield, WI 54449
(715)384-3939 ext. 112

*If you have any questions,
please contact Marshfield
Clinic Health System -
Center for Community
Outreach at 715-221-8400
or 715-897-5693.*



Like our Facebook page to stay up-to-date on Youth Net happenings and see all the fun in action! In honor of National Mentor Month, we will be featuring our mentors all month. Visit our page to learn more about the dedicated people who support and help your kids grow! www.marshfieldcliniyyouthnet.org

too) to get active and outside. Family bike rides can be a great way to fit in some quality time with your kids and help them build healthy habits over time. The Bike Rodeo is on April 14th, let your child bring their bikes for a free safety inspection, ride through a mini-practice course, and learn about the rules of the road.

Try to find new ways to incorporate fitness and fun into you and your child's daily routines. Setting a foundation for a healthy lifestyle today will keep fitness a priority for your child when they're older.

Family Nights

Marshfield Clinic Health System Center for Community Outreach hosts Family Nights twice a month at Youth Net, (second Thursday and fourth Tuesday). In April Family Nights are Thursday, April 12 and Tuesday, April 24. Each night is dedicated to a specific activity that encourages healthy living and family bonding. Meals are provided free to participating families.

Spend time as a Family!

Here are some events happening in the community that you can attend as a family.
Spend some quality time together at no cost to you!

Marshfield Kids in Crisis

April 12 @ 6:00pm - 8:00pm
Mid-State Technical College-Marshfield
Campus
Cost: Free

The Kids in Crisis series continues with town halls focused on children, teenagers and young adults and interested in hearing from local youth. What has been your experience with mental health conditions and bullying? There will be local mental health professionals on hand who will take audience questions and there will be information on local mental health resources available at the event. If you're interested in telling your story, have your voice and experience to be heard. Contact



engagement editor Jamie Rokus at jrokus@gannett.com.



Marshfield Area Special Olympics vs Marshfield PD Basketball Game

April 27 @ 7:00pm - 9:00pm
MHS Fieldhouse

Cost: Free, but donations are appreciated
Join us for the 5th Annual Marshfield Area Special Olympics Athletes vs Marshfield Police Department Basketball Game! Concessions and door prizes available! All proceeds go directly to the Marshfield Area Special Olympics. For more information call 715-207-9602 or 715-323-1219.



Marshfield Eagles Craft, Vendor and Flea Market

April 15 @ 9:00am - 3:00pm
Marshfield Eagles Club
Cost: Free

An annual event offering a huge variety of displays of cash and carry items to help bring in Spring. Everybody is welcome to join us as this is open to the public and it's free to browse. The kitchen window will be open with food available for purchase.



Annual Shop Local Vendor Event

April 28 @ 9:00am - 3:00pm
Spencer Kids Group
Cost: Free

Over 30 vendors will be available to including crafters, health and beauty, household cleaning, clothing, jewelry, and many more! Many will offer raffles at their tables. In addition Spencer Community Boosters will have concessions so stop down for lunch! Proceeds support Spencer Community Boosters Baseball Program. ItWorks, Mary Kay, Scentsy, and many more vendors will be there!

Upcoming Community Events

18th Annual Children's Festival

April 14 @ 9:30am - 1:30pm
Marshfield High School

Cost: \$2

Bring the whole family to Marshfield High School for the Children's Festival! This year's theme is "On the Farm!" Activities include a stuffed animal farm clinic, climbing wall, Barney the Bus, build a toy, and a bike rodeo, where children can bring their bike from home and ride the mini practice course, have a safety inspection and learn the rules of the road.

2018 Spring Symphonic Band

April 27 @ 7:30pm
UW-Marshfield/Wood County

Cost: \$7

UW Symphonic Band performs at the Helen Connor Laird Theater. Tickets \$7, purchase online or call 715-389-6534.

5K For A Cure

April 21 @ 9:00am - 11:00am
Stratford High School Track

Cost: \$20

Come to the Stratford High School Track and support a jog to find a cure for cancer. Prizes, t-shirts, goodie bags are all included in registration fee. Registration forms available on 5K For A Cure: Jog for Julie and Jenny Facebook page. Register by April 6th.



Be A Hero 5K

April 28 @ 8:00am - 11:00am
Wildwood Park

Cost: \$25 (Kids ages 3-10 run free)

This event will create a greater awareness of child abuse, including physical, sexual, and psychological, and bring attention to the need for prevention of these horrendous acts happening to innocent children. Your participation will contribute toward items needed by the children who travel through the Marshfield Clinic Child Advocacy Center. Some of the needed items include backpacks equipped with school supplies, hats/mittens/gloves, underwear/socks and books. Additionally, your sponsorship will assist in supporting the Be a Hero 5K event and continued child abuse awareness efforts. Race begins at SOO Line Building. To register go to Be a Hero 5k.

Chris Perondi's Stunt Dog Experience

April 29 @ 2:00pm and 7:00pm
Lucille Tack Center for the Arts

Cost: \$25 Adults, \$15 Youth

This cast of performers and dogs will delight audiences of all ages with high-energy excitement, and some of the most incredible stunts and behaviors ever performed by dogs!

Marshfield Clinic Youth Net would like to thank its partners/sponsors:

- Altrusa
- American Family
- Everett Roehl Marshfield Public Library
- Marshfield Area Community Foundation; Bette Schloesser Youth Net Fund and John & Marjorie O'Reilly Memorial Fund
- Marshfield Area YMCA

- Family Health Center of Marshfield, Inc.
- Fore the Kids
- Hub City Days Duathlon

- Marshfield Clinic AmeriCorps
- Sacred Heart Catholic Church
- School District of Marshfield
- Along with other individual donors



April 2018 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hot Ham and Cheese	3 Tumbling & Martial Arts Breakfast Burritos	4 Muffins and Juice	5 Green Giant Salad	6 Fruit Smoothies
9 Hummus and Pita Chips	10 Cuties and Ritz Crackers	11 Whole Grain Cereal and Milk	12 Family Night Fruit Dip	13 Birthday Bakers Polka Dot Pasta
16 Birthday Decorators Pretzels w/ Cheese and Broccoli	17 Baked Whole Wheat Spaghetti	18 Yogurt Parfait	19 Pizza Soup	20 English Muffins w/ Jelly & Apple Cider
23 Cheese Roll-Up	24 Family Night Chicken Nuggets & Sweet Potato Fries	25 Trail Mix	26 From the Garden Rice	27 Birthday Bakers Scrambled Eggs & Toast

30

Birthday Decorators

Spicy Fried Rice

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